Cangrelor: A Retrospective Analysis of Usage in a Community Teaching Hospital

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Introduction

- Cangrelor is an intravenous $P2Y_{12}$ inhibitor indicated as an adjunct to percutaneous coronary intervention (PCI)
- New guidance was developed in April 2020 with interventional cardiology (IC) to include perioperative bridging for patients with all of the following:
 - Recent stent or stent thrombosis in absence of dual antiplatelet therapy, inability to receive enteral medications, contraindication to eptifibatide
- The purpose is to assess adherence to the revised utilization criteria

Methodology

- A retrospective chart review was conducted in patients > 18 years of age who received cangrelor between May 2020 and August 2021
- Primary objectives included percent of orders that received IC approval and the rate of usage for approved indications at an appropriate dose
- Secondary objectives were incidence of bleeding following cangrelor use, 30-day incidence of stent thrombosis, and 30-day mortality
- Bleeding following cangrelor use was categorized using the Thrombolysis in Myocardial Infarction (TIMI) criteria
- Objectives were analyzed using descriptive statistics

Results		
Table 1. Baseline Demographics (n=24) ¹		
Age, median years (IQR)	69 (24)	
Male gender	15 (63)	
Comorbidities		
Hypertension	22 (92)	
Hyperlipidemia	15 (63)	
Diabetes Mellitus	10 (42)	
Coronary Artery Disease	7 (29)	
History stent thrombosis	3 (13)	
History of major bleed	2 (8)	
Reason for bridging (n=11)		
Bridge to CABG	5 (45)	
Bridge while NPO	5 (45)	
Bridge for surgical work-up	1 (9)	
Duration of infusion, average hours (SD) ²		
PCI only (n=11)	2.5 (2)	
Bridging only (n=5)	16.3 (12.4)	
PCI then bridge (n=6)	10.7 (7.2)	

¹All demographics reported as n (%) unless otherwise stated

² 2 patients were excluded due to unclear documentation of infusion end time

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Cangrelor was approved for appropriate indications 83% of the time Dosing discrepancies occurred during bridging but did not lead to bleeding Non-CABG related bleeds occurred in 25% of patients, with no major bleeds ROCHESTER REGIONALHEALTH

QR Code





4		
3		
2		
1		
0		
Interventional		

Approved indication, n (%) Appropriate dose for indication, n (%)³ PCI only (n=13) Bridging only (n=5) PCI then bridge (n=6)

³ PCI: 30 mcg/kg bolus, 4 mcg/kg/min up to 4 hours Bridging: no bolus, 0.75 mcg/kg/min PCI then bridge: 30 mcg/kg bolus, 4 mcg/kg/min up to 4 hours during PCI, then 0.75 mcg/kg/min

Table 3. Secondary Objectives (n=24)			
Bleed within 24 hours after cangrelor, n (%) ⁴	6 (25)		
Non-CABG related bleeding: Minor	2 (8)		
Non-CABG related bleeding: Requiring medical attention	4 (17)		
30-day stent thrombosis, n (%)	0 (0)		
30-day mortality, n (%)	9 (38)		
4 No blooding accurred in patients who were bridged with deepe other then 0.75 meg/kg/min			

- Dosing discrepancies occurred, indicating a need for guidance on appropriate indication-specific dosing
- No CABG-related bleeding occurred in those who were bridged to CABG
- There were no incidences of stent thrombosis, but there was a 38% mortality rate within 30 days of the event
- Limitations of this study include the small sample size and that it was conducted at a single center
- The retrospective nature of this chart review was also a limitation as there were found to be inconsistencies in documentation



No bleeding occurred in patients who were bridged with doses other than 0.75 mcg/kg/min

Discussion